



ASK A QUESTION SAVE A LIFE

QPR
Question.
Persuade.
Refer.

Suicide Prevention Training

YOU CAN MAKE A DIFFERENCE

Learn the three steps that anyone can take to help prevent suicide.

WHY IT'S IMPORTANT

- Suicide was the second-leading cause of death in Kentucky for ages 10-34.
- More than 800,000 people die by suicide each year.

WHAT YOU'LL LEARN

- Common myths about suicide
- How to recognize the early signs of suicide
- How to actively ask and respond to a person in crisis

FREE TRAINING AND CERTIFICATION

Self-paced online

SCAN FOR MORE INFORMATION

